

Study on the correlation between nasal septal deviation and chronic rhinosinusitis in pilots

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## Introduction

Chronic rhinosinusitis (CRS) is a prevalent disease defined as inflammation of the nose and the sinuses lasting more than 12 weeks.

The nasal septum is an important physiological structure of the nose. The nasal septal deviation (NSD)causes alteration in air flow, mucociliary clearance and effects structures.

### **Research Background**

#### Rhinorrhea

Smell disorders

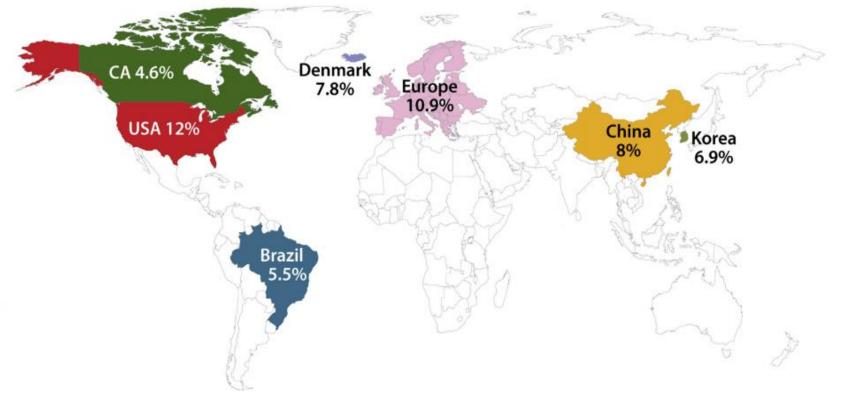
Symptoms

Nasal blockage

Facial pain

Post-nasal drip

## The prevalence of CRS



Clinical reviews in allergy and immunology

Series editors: Donald Y. M. Leung, MD, PhD, and Dennis K. Ledford, MD

#### **Current and future treatment options for adult chronic rhinosinusitis: Focus on nasal polyposis**

Claus Bachert, MD, PhD,<sup>a,b</sup> Luo Zhang, MD,<sup>c,d</sup> and Phillippe Gevaert, MD<sup>a</sup> China

Ghent, Belgium, Stockholm, Sweden, and Beijing,

## **Research Background**

**Original Investigation** 

#### Prevalence and Risk Factors of Chronic Rhinosinusitus, Allergic Rhinitis, and Nasal Septal Deviation Results of the Korean National Health and Nutrition Survey 2008-2012

Jae-Cheul Ahn, MD; Jeong-Whun Kim, MD, PhD; Chul Hee Lee, MD, PhD; Chae-Seo Rhee, MD, PhD

EXPERIMENTAL AND THERAPEUTIC MEDICINE 14: 1519-1525, 2017

#### Measurement of deformation rate in nasal septum deviation by three-dimensional computer tomography reconstruction and its application in nasal septoplasty endoscopic surgery

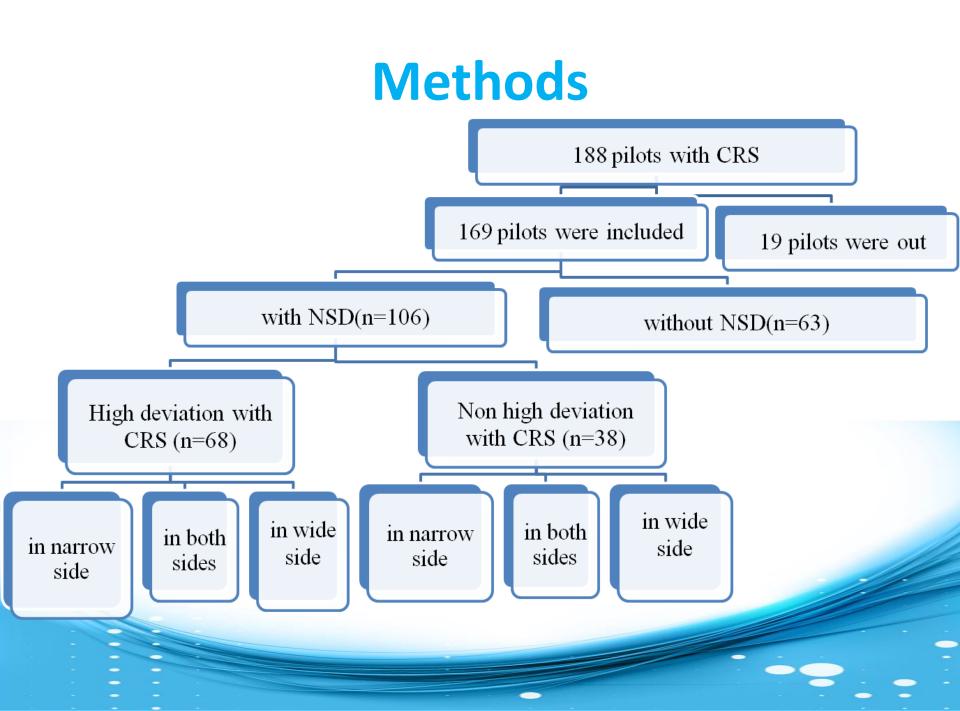
GUI YANG<sup>1</sup>, HAILIANG ZHAO<sup>1</sup>, PENG WANG<sup>1</sup>, XIAODONG HAN<sup>1</sup>, XINYU ZAO<sup>1</sup>, ZHIXIAN LIU<sup>1</sup>, SHUQI QIU<sup>1-3</sup> and ZHIQIANG LIU<sup>2,3</sup>

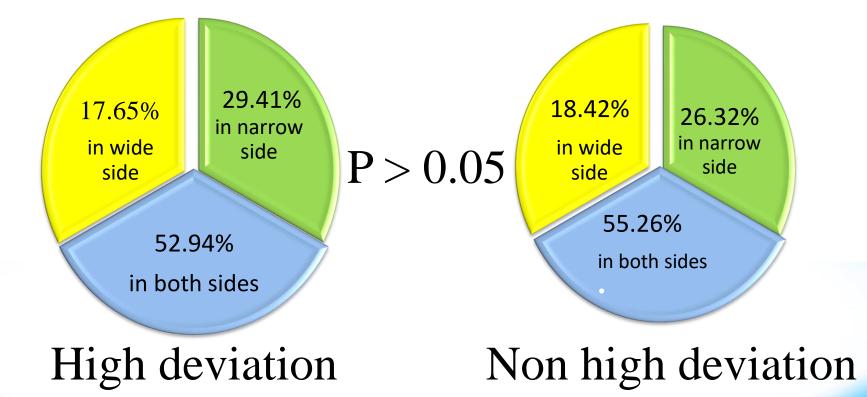
Indian J Otolaryngol Head Neck Surg (Apr–Jun 2014) 66(2):187–190; DOI 10.1007/s12070-014-0713-7

ORIGINAL ARTICLE

#### CT Scan Study of Influence of Septal Angle Deviation on Lateral Nasal Wall in Patients of Chronic Rhinosinusitis

R. K. Mundra · Yamini Gupta · Richi Sinha · Alaknanda Gupta





The rhinosinusitis of each group involved by the wide and narrow side of nasal septum (n=106)

rhinosinusitis	Anterior	Posterior	Whole group	
Deviation	group	group		
types				
Wide side	18	20	5	
nomouvido	27	17	10	
narrow side	27	1 /	19	

#### χ2=6.6739,P=0.0355<0.05

Compared with the general researchers

The higher prevalence

The scope of sinuses involved were wider

The manifested heavily diseases

#### The change of pressure in the nasal sinus

NSD



#### swollen nasal mucosa

# **Conclusion and Prospect**

- NSD is related to the formation of CRS.
- Different types of NSD have different influences on the formation of CRS.

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# Thank you for your attention